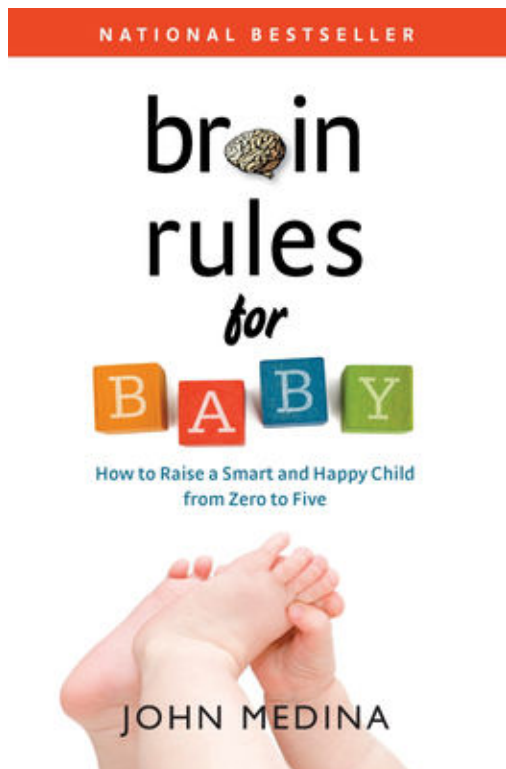


# Télécharger Livres Gratuit Brain Rules for Baby (PDF | ePub | Mobi) John Medina DataBase Book



What's the single most important thing you can do during pregnancy? How much TV is OK for a baby? What's the best way to handle temper tantrums? Scientists know.

In his *New York Times* bestseller *Brain Rules*, Dr. John Medina showed us how our brains really work—and why we ought to redesign our workplaces and schools. Now, in *Brain Rules for Baby*, he bridges the gap between what scientists know and parents practice. Just one of the surprises: The best way to get your children into the college? Teach them impulse control.

Through fascinating and funny stories, Medina, a developmental molecular biologist and dad, unravels how a child's brain develops. You will view your children--and how to raise them--in a whole new light.

**You will view your children—and how to raise them—in a whole new light. You'll learn:**

Where nature ends and nurture begins  
Why men should do more household chores  
What to do when emotions run hot  
The importance of your child's ability to relate to others  
Smart and happy are inseparable in the brain  
The best predictor of academic performance  
The only parenting style proven to produce great kids  
What you do right now—before pregnancy, during pregnancy, and through the first five years—will affect your children for the rest of their lives. *Brain Rules for Baby* is an indispensable guide.

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<b>Author</b>	:	John Medina
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