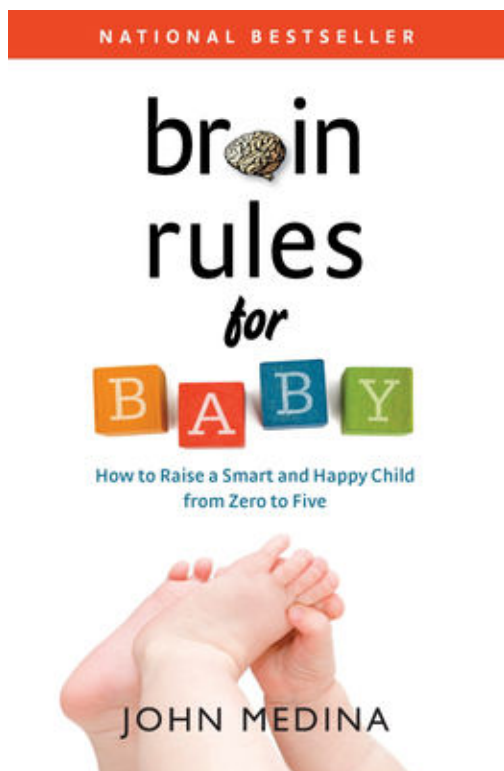


Télécharger Livres Gratuit Brain Rules for Baby (PDF | ePub | Mobi) John Medina download-free



What's the single most important thing you can do during pregnancy? How much TV is OK for a baby? What's the best way to handle temper tantrums? Scientists know.

In his *New York Times* bestseller *Brain Rules*, Dr. John Medina showed us how our brains really work—and why we ought to redesign our workplaces and schools. Now, in *Brain Rules for Baby*, he bridges the gap between what scientists know and parents practice. Just one of the surprises: The best way to get your children into the college? Teach them impulse control.

Through fascinating and funny stories, Medina, a developmental molecular biologist and dad, unravels how a child's brain develops. You will view your children--and how to raise them--in a whole new light.

You will view your children—and how to raise them—in a whole new light. You'll learn:

- Where nature ends and nurture begins
- Why men should do more household chores
- What to do when emotions run hot
- The importance of your child's ability to relate to others
- Smart and happy are inseparable in the brain
- The best predictor of academic performance
- The only parenting style proven to produce great kids
- What you do right now—before pregnancy, during pregnancy, and through the first five years—will affect your children for the rest of their lives. *Brain Rules for Baby* is an indispensable guide.

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