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Régaler la famille n'est pas toujours facile, mais c'est une mission des plus importantes, ce livre vous permettra de faire découvrir aux petits comme aux grands des plats conviviaux et simples de la cuisine française, mais aussi d'autres contrées.

Vous y trouverez des recettes accessibles et économiques telles que :

Tomates surprises à l'œuf
Gratin de macaronis aux épinards
Petits Gratins de macaronis à la lyonnaise
Escalopes de dinde cordon bleu
Paupiettes de dinde maison
Bœuf carotte au cumin
Croustillants de pommes au miel de lavande et fruits secs
Yaourt à la compotée de clémentine et cannelle

Riz au lait aux pommes
Brioche perdue banane chocolat noisette...

Et bien d'autres à découvrir.

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