

# Télécharger Livres Gratuit Cuisine hygge - j'adore (PDF | ePub | Mobi) Birgit Dahl DataBase Book



J'ADORE la cuisine hygge ! Découvrez des recettes faciles et inspirées entre cocooning, bien-être et partage. Succombez à la a tendance *feel good* made in Danemark, le pays des gens les plus heureux du monde :)

Venue des pays scandinaves, la tendance hygge est un véritable style de vie ! Plus qu'un moment passé au coin du feu avec ses amis, le hygge est l'état d'esprit du bonheur. Un seul credo : prendre soin de soi, profiter des petits bonheurs de la vie et bien s'entourer. Rien de plus facile avec :

- des boissons qui font du bien : chocolat chaud aux chamallows et à la cannelle, café au lait parfumé à la cardamome...

- des desserts et gâteaux qui réconfortent : roulés à la cannelle, poires pochées aux airelles...

- des apéros à partager : harengs marinés, pain suédois,

tartines crevettes, céleri rémoulade, radis...

- des plats mijotés : boulettes au curry, canard farci aux pruneaux...

La cuisine hygge.... J'ADORE !

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