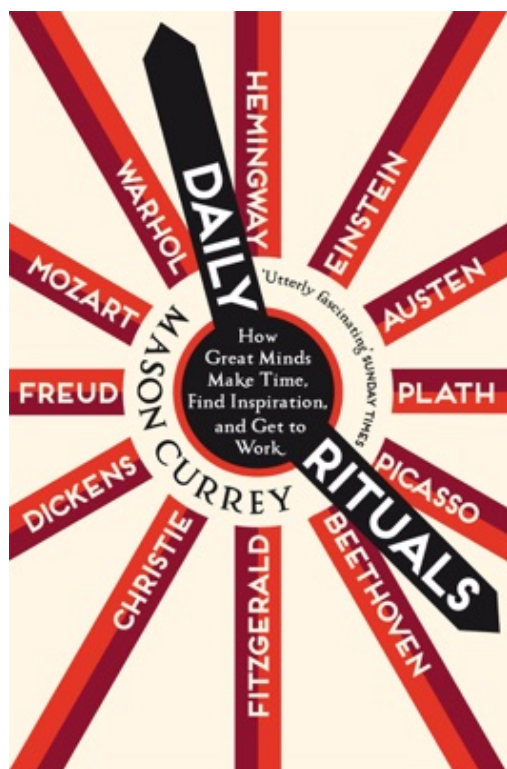


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'Utterly fascinating' Daisy Goodwin, *Sunday Times*

Benjamin Franklin took daily naked air baths and Toulouse-Lautrec painted in brothels. Edith Sitwell worked in bed, and George Gershwin composed at the piano in pyjamas. Freud worked sixteen hours a day, but Gertrude Stein could never write for more than thirty minutes, and F. Scott Fitzgerald wrote in gin-fuelled bursts - he believed alcohol was essential to his creative process.

From Marx to Murakami and Beethoven to Bacon, *Daily Rituals* by Mason Currey presents the working routines of more than a hundred and sixty of the greatest philosophers, writers, composers and artists ever to have lived. Whether by amphetamines or alcohol, headstand or boxing, these people made time and got to work.

Featuring photographs of writers and artists at work, and filled with fascinating insights on the mechanics of genius and entertaining stories of the personalities behind it, *Daily*

Rituals is irresistibly addictive, and utterly inspiring.

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