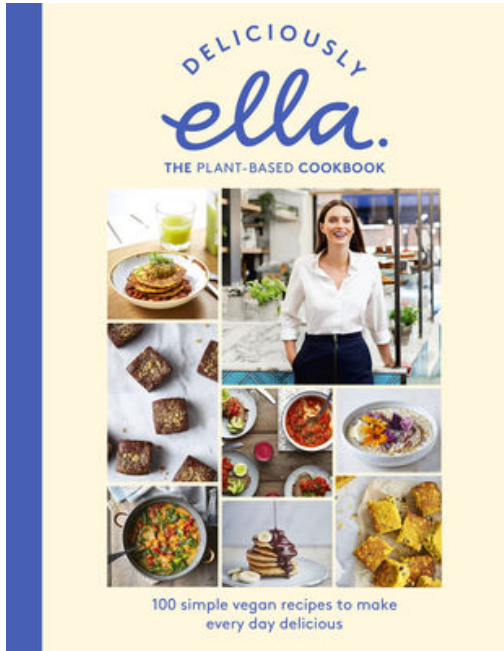


# Télécharger Livres Gratuit Deliciously Ella The Plant-Based Cookbook (PDF | ePub | Mobi) Ella Mills download-free



**The *Sunday Times* number one bestselling cookbook and the fastest selling vegan cookbook of all time.**

**'She has become the biggest thing in healthy eating' - *The Times***

**100 all-new plant-based recipes - by bestselling author Deliciously Ella.**

Ella's latest book features the most popular, tried and tested recipes from her supper clubs, pop-ups and deli to show how delicious and abundant plant-based cooking can be. The simple vegan recipes cover everything from colourful salads to veggie burgers and falafel, creamy dips and sides, hearty one-pot curries and stews, speedy breakfasts, weekend brunches, muffins, cakes and brownies. They're the recipes that Ella's thousands of customers have been asking for since

the deli first launched in 2015, and each recipe has a beautiful photograph to show you how it should look.

In addition to over 100 brand new plant-based recipes, for the first time we are treated to a personal insight into Ella's journey - how she grew her blog, which she began writing to help get herself well while suffering from illness, into a wellbeing brand - and all that she has learnt along the way, as well as what drives the Deliciously Ella philosophy and her team's passion for creating delicious healthy food.

With diary excerpts that document the incredible journey that Deliciously Ella has taken and over 100 tried-and-tested irresistible recipes for every day, using simple, nourishing ingredients, this vegan bible will be a must-have for fans and food-lovers alike, it's also perfect for anyone looking to experiment with vegan cooking for the first time.

<b>Title</b>	:	Deliciously Ella The Plant-Based Cookbook
<b>Author</b>	:	Ella Mills
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<b>File Size</b>	:	208.49MB

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