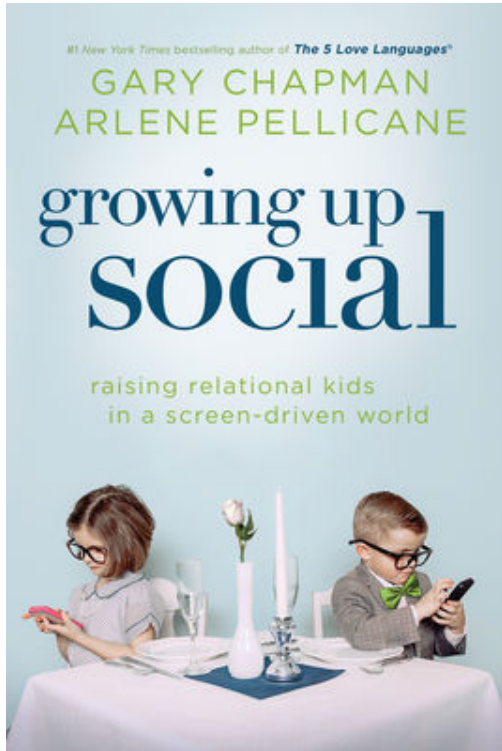


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## *Is technology drawing your family together or driving it apart?*

In this digital age, children are spending more and more time interacting with a screen and less time playing outside, reading a book, or interacting with a parent. While technology can benefit us, it can also erode a sense of togetherness and hinder a child's emotional and social development.

In *Growing Up Social*, Gary Chapman and Arlene Pellicane will empower you with the tools you need to make positive changes . . . starting *today*. Through stories, wit, and wisdom, you'll discover how to take back your home from an overdependence on screens. Plus, you'll learn to teach the five A+ skills that every child needs to master: affection, appreciation, anger management, apology, and attention.

Learn how to:

- Replace mindless screen time with meaningful family time
- Establish simple boundaries that make a huge difference
- Discover what's working for families that have become screen savvy
- Equip your child to be relationally rich in a digital world
- Learn healthy ways to occupy your child while you get things done

Now is the time to equip your child with a healthy involvement with screens and an even healthier involvement with others.

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