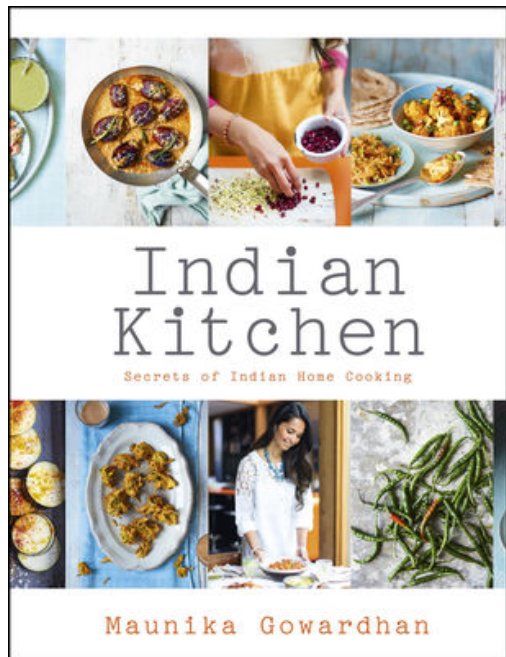


Télécharger Livres Gratuit Indian Kitchen: Secrets of Indian home cooking (PDF | ePub | Mobi) Maunika Gowardhan download-free



Jamie Oliver: 'I love Maunika's cooking. Her food is a joy - she makes incredible Indian food really achievable at home. A fantastic Indian cookbook.'

Yotam Ottolenghi: 'Reading Maunika's book feels as though you're actually sitting in an Indian family kitchen, sharing stories and recipes. I've been inspired by her to make my own paneer and to play with pickled watermelon rind. Delightful!'

Growing up in Mumbai, Maunika Gowardhan learned the secrets of home cooking, Indian-style. Now living in the UK, Maunika is often asked, 'what do Indians cook on a day to day basis?' And, 'how is it that you can rustle up a curry for an everyday meal when you're so busy?'

The answer is in chapters of this book. *Hungry* include recipes made from easy-to-find ingredients for when you're starving and short of time. And *Lazy* contains recipes for when you want something a bit slower, a bit comforting, but still straightforward.

Indian food is also about feasting, so when you have the luxury of time and want to put some real love into a meal at the weekend, you can turn to *Indulgent*, or when you have friends and family coming over then *Celebratory* is the chapter for you.

Whatever your mood, *Indian Kitchen* will inspire you to add Indian cooking into your weekly menu.

Title : Indian Kitchen: Secrets of Indian home cooking
Author : Maunika Gowardhan
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