

# Télécharger Livres Gratuit La communication positive parents enfants (PDF | ePub | Mobi)

## Sophie Néel DataBase Book



SOPHIE NÉEL

LA COMMUNICATION POSITIVE

PARENTS ENFANTS



Une méthode douce et ludique pour aider votre enfant à dépasser ses peurs, cauchemars, émotions négatives, timidité...

JOSETTE LYON

Comment aider son enfant à se libérer de ses émotions négatives, ses peurs, sa timidité... ? Cet ouvrage propose aux parents une série d'astuces, d'outils et de jeux pour favoriser la communication positive.

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|------------------|---|---|
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| <b>Author</b>    | : | Sophie Néel                               |
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