

Télécharger Livres Gratuit Ma petite crèmerie vegan (PDF | ePub | Mobi) Sébastien Kardinal DataBase Book



- Sébastien Kardinal auteur de Ma petite boucherie vegan et de Aquafaba

- 25 recettes inédites mises en scènes avec humour, pour fabriquer laits, beurres et fromages végétaux.

Cet ouvrage propose 25 recettes de " produits laitiers " à base de noix de cajou, d'amandes, de sésame... Mais aussi toutes les techniques pour réaliser ses beurres, crèmes, laits et fromages.

Des recettes innovantes : Un beurre végétal surprenant de texture et de couleur, plusieurs crèmes fraîches bluffantes...

Plusieurs techniques sont abordées : lacto-fermentation, caillage, affinage...

Sommaire :

- Fromages : ricotta, feta, parmesan, mozzarella

- Laits : d'amande, de chanvre, de soja...

- Crèmes et beurres végétaux.

Et toujours l'humour décalé caractérisant le travail de

Sébastien Kardinal !

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