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Cet ouvrage propose 25 recettes de « produits laitiers » à base de noix de cajou, d'amandes, de sésame... Mais aussi toutes les techniques pour réaliser ses beurres, crèmes, laits et fromages. Des recettes innovantes : Un beurre végétal surprenant de texture et de couleur, plusieurs crèmes fraîches bluffantes... Plusieurs techniques sont abordées : lacto-fermentation, caillage, affinage... Sommaire : • Fromages : ricotta, feta, parmesan, mozzarella • Laits : d'amande, de chanvre, de soja... • Crèmes et beurres végétaux. Et toujours l'humour décalé caractérisant le travail de Sébastien Kardinal !

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