

Télécharger Livres Gratuit The Essential Mexican Instant Pot Cookbook (PDF | ePub | Mobi) Deborah Schneider download-free



The vibrant flavors of Mexican food are celebrated in this enticing collection of 75 fresh and authentic recipes for soups, tacos, burritos, tamales, beans, salsas, desserts, all ready in minutes, thanks to the Instant Pot's revolutionary cooking power.

The best-selling Instant Pot—an electric, programmable pressure cooker—has quickly become one of the most popular kitchen appliances on the market for its hands-off and speedy-fast cooking abilities. *The Essential Mexican Instant Pot Cookbook* harnesses this revolutionary technology to create straightforward, streamlined, and delicious recipes for Mexican favorites such as hearty posole soup, sizzling steak fajitas, tender carnitas tacos, cheesy enchiladas, stuffed tamales, classic refried beans, salsas galore, flan, churro

bread pudding, and much more.

This complete guide to Mexican cooking with your Instant Pot is authored by Chef Deborah Schneider, a James Beard Award-nominated author and chef/owner of six Mexican restaurants, and includes all of her best tips and tricks, as well as the authentic dishes you'll want to make over and over again.

Title	:	The Essential Mexican Instant Pot Cookbook
Author	:	Deborah Schneider
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File Size	:	155.83MB

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