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OVER 2 MILLION JASON VALE BOOKS SOLD! AMAZON NUMBER 1 BEST-SELLER

"Jason Vale is The King of Juicing and is really the Jamie Oliver of the Juicing World"

- OK Magazine

FREE bonus chapter **10 Cool Summer Juice Recipes** - *only* available in this eBook version.

Juice Master to the stars and No.1 best-selling author Jason Vale has squeezed more than 110 funky 'n' fresh juice and smoothie recipes into this delicious fixed-layout recipe ebook. Warm up your juicer, dust off your blender and brace your taste buds for the most mouth-wateringly tantalizing fruit and veggie fusions ever created!

Over 100 mouthwatering juice and smoothie recipes in glorious full colour with fun factoids and useful info on juicing and health.

Includes:

Dr Juice - to help with common ailments - including high blood pressure, asthma, hay fever, psoriasis, arthritis, diabetes, digestion, healthy bones, and more.

Gym Bunnies - delicious 'isotonic' natural sports juices and smoothies

Kidz Corner - some great recipes from our younger juicy fans.

Candy Store - there are recipes and then there's the Tahini Choco Beaney in this section, words cannot do it justice!

Cool Summer Juices - (no blender required), **only in the eBook version.**

Celebrity Juice - juice and smoothie concoctions from Katie Price, Beverley Knight and other celebrity juicers.

Community Juice - a selection of juices and inspirational stories from our Juice Master community.

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Author : Jason Vale
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