

Télécharger Livres Gratuit Un parfum de tajine (PDF | ePub | Mobi) Roussillon Thierry download-free



Les tajines connaissent un grand succès ! Ces plats en terre cuite venus du Maroc permettent de cuire les aliments à l'étouffée. Vous n'utiliserez pas de matière grasse ! En terre cuite ou en métal, tous simples ou richement décorés, les plats à tajines s'utilisent pour la cuisson mais sont aussi les bienvenus sur la table. Ils lui donnent un petit air oriental qui ravit vos invités.

52 recettes vite faites, vite prêtes !

Recettes salées et même sucrées : tajine de poulet aux figues et au miel, tajines d'agneau aux fruits secs, tajines de poissons à l'aubergine et au thym, tajines de veau aux olives et à la tomate, tajines de courgettes et d'aubergine au basilic,

tajine de mangue et boule de glace vanille...

Title	:	Un parfum de tajine
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