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Dr Frédéric
SALDMANN

Vital!



«Réussir sa vie c'est important, mais réussir sa santé, c'est fondamental.

Notre hygiène de vie a un poids crucial sur notre équilibre, mais pas seulement. L'énergie vitale, la joie, le bonheur dépendent aussi de la qualité de notre santé et surtout de notre hygiène. Voilà pourquoi le mental et le physique sont étroitement liés et rejaillissent l'un sur l'autre.

En appliquant mes conseils, appuyés sur les toutes dernières découvertes médicales, vous augmenterez votre potentiel de bien-être et vous adopterez un nouveau mode de vie qui garantira votre capital santé !

Vital est votre meilleure carte !»

Title	:	Vital !
Author	:	Frédéric Saldmann
Catégorie	:	Santé et bien-être
Sortie	:	9 janv. 2019
Éditeur	:	Albin Michel
Pages	:	288
Langue	:	Français
File Size	:	1.37MB

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