

Télécharger Livres Gratuit Yaourts tout doux (PDF | ePub | Mobi) Caroline Wietzel download-free



Faire soi-même ses yaourts ? C'est possible ! Avec (ou sans !) yaourtière, des ferments lactiques et quelques astuces, vous réaliserez en un rien de temps de savoureux yaourts.

50 recettes vite faites, bien faites !

Yaourts indémodables : vanille, chocolat, fraise..., yaourts régressifs : lavande, marshmallow, lait concentré sucré..., nostalgiques : caramel au beurre salé, cannelle..., globe-trotters : safran, thé vert, mangue... Vous trouverez même quelques recettes à base de yaourt : gâteau au yaourt, glace au yaourt, dips...

Et en plus, c'est économique !

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