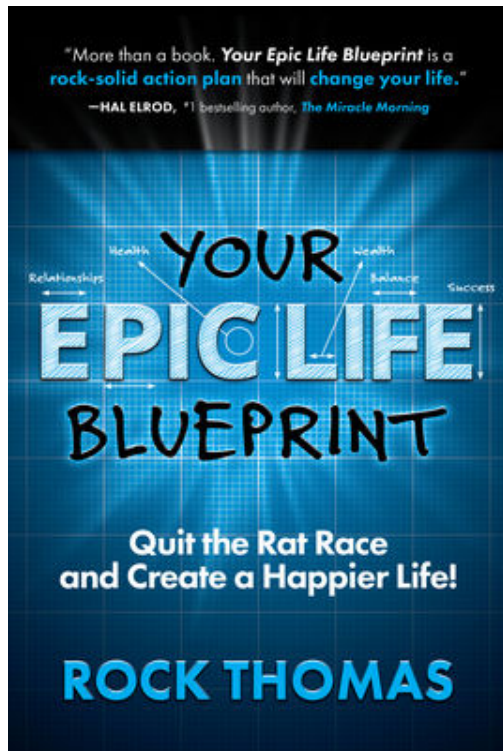


Télécharger Livres Gratuit Your Epic Life Blueprint: Quit the Rat Race and Create a Happier Life! (PDF | ePub | Mobi) Rock Thomas DataBase Book



Design an EPIC Life!

"In Your Epic Life Blueprint, Rock Thomas challenges long-held notions about what it takes to be successful and offers a solid, well-researched action plan that will help you see the world in new ways and change your life." HAL ELROD, bestselling author of *The Miracle Morning*

Your Epic Life Blueprint is not so much a self-help or personal-growth book as it is a personal change tool.

Discover your unique abilities, get in touch with your inner badass, and accelerate toward the extraordinary life you've always dreamed about, complete with peace and personal freedom.

For over a decade, Rock Thomas has taught people how to get out of the rat race and create lives full of meaning, adventure, and fulfillment. Now, it's YOUR turn to create an epic life

using Rock's cutting edge self-development techniques.

After studying with some of the most successful business people and mastermind mentors in the world, Rock identified ten principles—that when acted upon consistently—result in measurable increases in performance and high levels of success. Rock will guide you through step-by-step actions to create a tested blueprint to "whole-life wealth".

Each life blueprint will be as unique as you are. Through exercises and actionable steps, you'll recharge areas of your life that have been running on autopilot. This disruption of your comfort zone will totally change your life!

How This Book will Propel you from Motivated to Life-Changing Action

- Uncover hidden beliefs holding you back and answer powerful questions to supercharge everything you do.
- Procrastination and roadblocks will vanish once you discover the "why" about what matters most to you.
- Willpower alone doesn't work. Rock teaches you how to conquer mental and physical fatigue and build astonishing momentum toward your goals.
- Stunningly simple tactics to 10x your productivity.
- Crystal-clear logic you'll come up with yourself will help you stick to it, even when the going gets tough.
- Smart ways to deal with toxic relationships, so you can form support systems to rocket you

forward.

- And...so much more!

Say YES and let Rock show you how to “make it happen, NO MATTER WHAT”!

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